



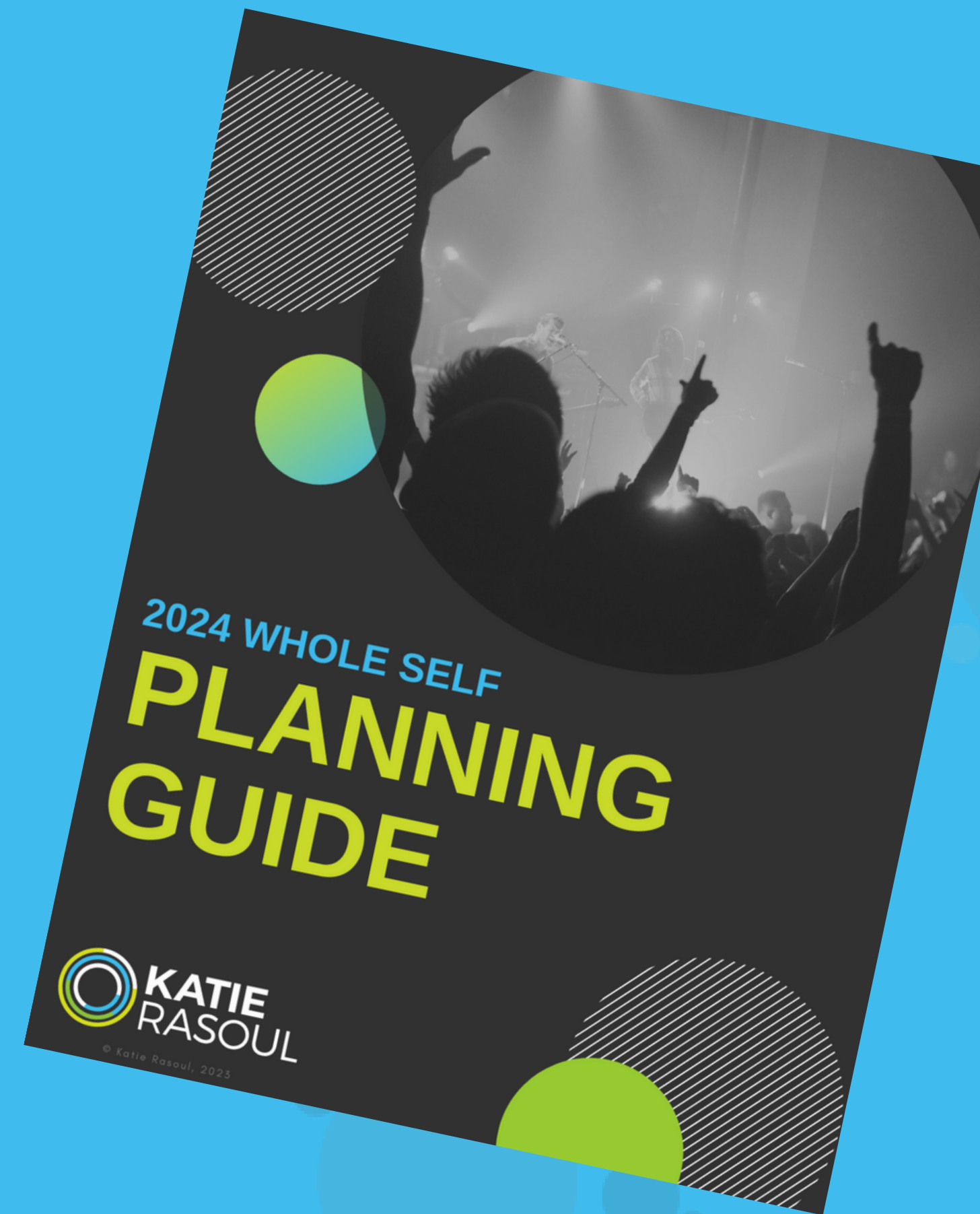
WHOLE-SELF PLANNING WORKSHOP



"Katie was amazing, and the content felt perfectly tailored to my needs in life right now. Her guide is invaluable, an amazing resource that I look forward to using for years to come."

- Whole-Self program participant

A W E S O M E N E S S



MEET KATIE

Chief Awesome Officer, Team Awesome

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Katie is a leadership coach, keynote speaker and author helping leaders change the world. She has led leadership, team culture, organizational development and HR best practices for more than a decade. She is the co-host of The Life and Leadership Podcast, a TEDx speaker alumna and the best-selling author of *Hidden Brilliance: A High-Achieving Introvert's Guide to Self-Discovery, Leadership and Playing Big*.





WHOLE-SELF PLANNING WORKSHOP

The new year is a great time to take a comprehensive look back at what worked over that past 12 months, what didn't, and create a plan for the year to come. We've had a few clunky years, it seems, for many of us. Priorities have slowly shifted and we have found ourselves in new seasons. And yet, we can forget to bring ourselves along with care to the new season, expecting old ways to work in new eras. They usually don't.

But where to start?! I have you covered. I've created the most comprehensive planning tool - and I'm sharing it with you! Together in a **90-minute interactive workshop**, we will shake off the stuck feeling using my **2024 Whole Self Planning Guide** and some **real-time participant coaching**.

This program is presented virtually using Zoom, or other virtual platform.



"Katie's **attention to detail** was extremely evident in her polished presentation. I was extremely impressed with Katie's **stage presence** – she was polished and succinct in her talking points, but also 100% true to herself. In a very short time, she set the tone by being **authentic** and creating a **safe** environment."

- Corporate Event Planner





BOOK KATIE TO SPEAK

Email

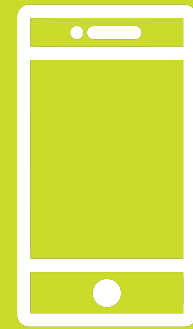
Katie@teamawesomecoaching.com

to put a date on hold.

BEST-SELLING BOOK



HIDDEN BRILLIANCE: A High-Achieving Introvert's Guide to Self-Discovery, Leadership and Playing Big is a compelling story of how anyone can re-write their definition of success and regain the self-trust to make bold moves. Part personal experience, part lessons on how to improve the way we live and work; this book provides a blueprint for high-achievers to approach fear in a way that's meaningful and helpful so they can unlock the potential for total greatness.



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