



# AMBITION:

## a quarter-career tune-up for high-achieving women

### OVERVIEW:

Welcome to a select group coaching opportunity that **provides you with the space & support to take you to your next level.**

You will meet other amazing women, lift each other as a group, & discover game-changing new tools to make it happen in your life. **Whatever you decide “it” is.**

### EACH SESSION INCLUDES:

- Private Facebook group where we will regularly share successes, challenges, questions & assignments
- Coffee & snacks provided during sessions
- Registration is **\$325 for all sessions, or \$89 for single sessions**
- Bonus: Participants registered for all sessions receive one free one-on-one coaching session

### Choose from any or all of the following sessions:

#### LIFE REBALANCE & GOAL DESIGN

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Examine areas of your life you want to enhance & prioritize with unique goal setting tools.

October 14, 2017

8:30–10:30AM

<http://bit.ly/2xvCrbo>

#### HIGH ACHIEVER MEETS PARENTING

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Decide where you want to be in the constant tug-o-war between your high-powered career & family.

October 28, 2017

8:30–10:30AM

<http://bit.ly/2wYLD6Q>

#### STOP BEING YOUR SABOTEUR

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Get out of your own way. Period.

November 18, 2017

8:30–10:30AM

<http://bit.ly/2xvqjr8>

#### AUTHENTICITY WORKSHOP

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Own what is important to you; speak your truth.

December 2, 2017

8:30–10:30AM

<http://bit.ly/2f3IAEi>

### MEET YOUR COACH: Katie Rasoul CPC, MBA

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I love coaching ambitious, brilliant leaders & influencers, & it's been my passion since, well, forever. I have led leadership development for more than a decade, & am a Certified Professional Coach (CPC). I have had big jobs, left big jobs, & found joy in embracing my passions. Let's get started!

